



The Eastlake News

Winter 2020-2021

The Broken Link on the Cheshiahud Lake Union Loop: between E. Edgar and E. Hamlin Street-ends

by Chris Leman and Judy Smith

They say a chain is only as strong as its weakest link. If so, the network of streets and pathways for walking and bicycling around Lake Union, the Cheshiahud Lake Union Loop, could be made a lot stronger. Its weakest link seems to be right here in Eastlake, on the shoreline between E. Edgar and E. Hamlin Streets.

It's more of a detour than part of the Loop. You've probably come across it:

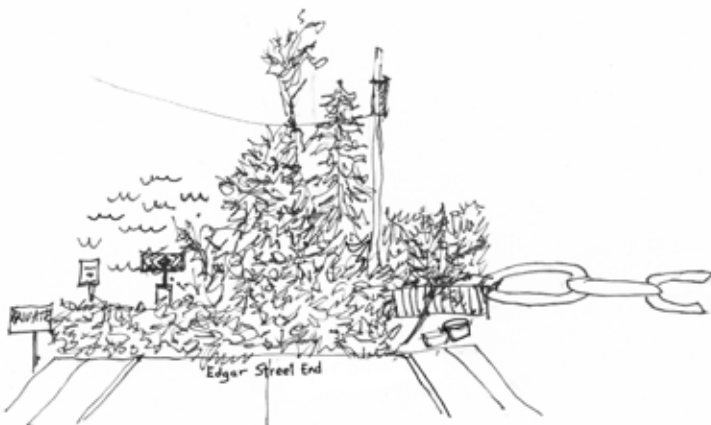
Walk or bicycle north along Fairview Ave. E. following the Cheshiahud Loop, turn right onto E. Roanoke St. and left onto Yale Ave. E. When you reach Edgar St., you expect

to be able to go back downhill to be close to the lake. Instead, you find a dead end.

That dead end was highlighted by Gabriel Campanario, the *Seattle Times* sketch artist, in *Pacific Northwest Magazine* (July 5, 2020). His sketch and title summed up the issue with this street-end: "There's no sitting on the shoreline at this designated public right of way in Eastlake – just signs and brambles."

And no walking through it either. To get back to the shoreline, it's necessary to go away from the lake, take a left

continued on pg. 6



Inside: Your guide to Earthquake preparedness;

A favorite old house gets some love; Eastlake biotech company makes news with COVID-19 test; Fairview Bridge work; Colonnade skate park proposal; George Kingen Remembrance; what about those beavers on our shores? And more...



Great Egret spotted at E. Boston Street-end Nov. 14, 2020

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The Eastlake News is a quarterly publication of the Eastlake Community Council. We welcome comments, articles or images for possible publication; please include a contact phone number. Articles may be edited for length and clarity. Articles in the newsletter represent the view of the author and not necessarily the ECC. Please send submissions to info@eastlakeseattle.org or by U.S. mail to the return address on the back of this newsletter. For advertising contact Detra Segar at advertising@eastlakeseattle.org.

The deadline for ads and submissions is: Feb. 10 for spring issue; May 10 for summer issue; August 10 for fall issue; Nov. 10 for winter issue. Publication schedule is as follows:

Spring - March, April, May
 Summer - June, July, August
 Fall - September, October, November
 Winter - December, January, February

Masthead artwork sketch by Victor Steinbrueck. Other artwork sketches by Karen Berry.



Eastlake Community Council President's Letter

With the winter upon us, ECC is hoping that Eastlake residents and those who work in our neighborhood are

managing through this unusual time. What appeared to be an exception now seems to be the rule. We really are all in this together.

As the holidays approach and the daylight hours are fewer, we will need to devote extra effort to brighten our spirits. For those who have had minor changes due to the pandemic, we hope you will share your good fortune with others. Our Eastlake retail and service providers especially need our patronage this year and there are many non-profits that need support.

The ECC board for 2020/2021 held its first meeting on Oct 20. Thanks to all of you who attended our virtual annual meeting and who voted. We have returning officers, Margaret Sanders, VP; Ben Wildman, Treasurer; Steve Dunphy, Secretary, and returning board members, Allison Peryea, Judy

Smith and Peter Haley. Our new members are JP Harlow, David Taft, and Zach Wurtz. I would also like to thank Steve Breaux for volunteering to be the Eastlake representative to the TOPS Site Council this year. Agreeing to volunteer to run for office, attend meetings and head up projects or a committee is not always easy. This terrific group has made the effort and all of us in Eastlake benefit.

Since planning a retreat was not possible this year, the new board devoted an hour after our meetings in Oct. and Nov. to identify projects for the coming year. Making Eastlake the best place to live and work is always the goal. As we watch the City budgeting process we know that each community will be asked to do more with less - and we want to work on things that can be achieved and all residents can enjoy.

A major project is to examine the way we communicate. This wonderful newsletter, one of the few remaining community council newspapers in a printed format, is something you have told us you value. We also



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support a website, a blog and a Facebook page. We will be working on all of these this year to make it easier for you to find the things you need and to offer feedback. We want to know what you would like to see and where you want to see it. If you are member, you will automatically receive communications. If you are not a member but want to be included on the email list, you can let us know at info@eastlakeseattle.org.

Other project areas being considered are: providing information about building projects on the website, supporting our parks and recreational areas, becoming partners with our business community, addressing safety issues and continuing to monitor the RapidRide J Line/bike lane project.

Until we can safely meet again, we plan to offer more virtual meetings. Planning and cancelling in-person events was not much fun. But the past year's upheaval did help us develop new skills and find ways to share information and continue our work.

I would like to say a special thank you to Judy Smith who has been the editor of the Eastlake News for over a decade. One of my first involvements with ECC was to assist with the advertising for Eastlake News. Meeting to learn about its history and needs was made more enjoyable by Judy. Steve Dunphy, a retired Seattle Times writer, soon joined us and it evolved into a sounding board of ideas. What a great community experience. Judy has identified what we want to hear about, told the stories, and cajoled reluctant writers to make a commitment, all so we can enjoy the Eastlake News. She has had contributors but the job, once a quarter, of getting all the moving pieces together rests on her shoulders and she has done the job admirably. All of us say thank you.

We hope that there is someone in Eastlake who would like to become a very special part of our community and carry on her great work.

Stay well, be kind and look forward to a great new year.

– Detra Segar

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Please join Eastlakers in donating to the University District Food Bank

The Eastlake Community Council is again sponsoring a holiday drive for the University District Food Bank.

Collection barrels will be available from Dec 1- 18 at:

Eastlake Coffee Cafe, 2245 Eastlake Ave E.,

Otter Bar and Burger, 2379 Eastlake Ave E.,

Pete's Super, 58 E. Lynn St., will have a collection barrel through Jan. 1.

Year-round drop-off at **Lake Union Mail**, 117 E. Louisa St. will begin after Christmas (as there is not enough space during Christmas rush).

Needed food items include canned fruit; chicken, tuna, and salmon; soups and stews; peanut or other nut butters; shelf stable milk and alternatives; cereal; cooking oil; and baby formula.

For more information check out our blog post at eastlakenews.org.

Thanks for helping the less fortunate!



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Eastlake Updates

by Steve Dunphy



Steinbrueck house gets some love

Jules James noted in an Eastlake Social Club post that the Nelson-Steinbrueck house in the 2600 block of Franklin Avenue East is getting some much-needed new homeowner love right now. Well worth walk-bys over the next few weeks to see how it changes.

Victor Steinbrueck (1911-1985) was a prominent Seattle activist for decades, including leading the effort to save the Pike Place Market from “urban renewal” in the 1960s. Margorie Nelson (1924-2010), Steinbrueck’s wife, was a well-respected local stage actor, stalwart Eastlakian, as Jules described her, and political force. Both served as ECC board members, Marjorie as Vice President. The 1893 house once was owned by her mother.

This house is a City of Seattle Designated Landmark. It is an interesting example of Queen Anne architecture possessing a high degree of design integrity and featuring a unique curved, wrap-around porch. It is one of approximately 2,200 houses that are still extant out of more than 5,000 that were built by the end of 1906 in Seattle’s Central Area, Eastlake, First Hill, Leschi, Madison Park, Madrona, and North Capitol Hill neighborhoods.

Biotech company works on virus

Our neighborhood biotech company, Adaptive Biotechnologies on Eastlake, continues to make news. The New York Times reported recently that the company is working on a new test for COVID-19 that can detect a person’s immune response to the coronavirus better than a widely used antibody test.

The test would be the first commercial product to detect

the response of a T cell - a type of immune cell - to the virus, The Times reported, adding that antibodies have dominated the conversation on immunity since the start of the pandemic, but scientists believe that T cells may be just as important in preventing reinfection.

The company used small blood samples from 1,000 people across 25 metropolitan areas in the United States as well as another 3,500 participants from Europe to create the test, which can detect a recent or past infection of the coronavirus.

The Times noted that the company's data has not yet been reviewed for publication in a scientific journal, but experts say the work is promising for assessing T cells' role in the illness caused by the coronavirus.

In its third quarter financial report, the company said revenue was \$26.3 million for the quarter ended Sept. 30, 2020, representing a 25% increase from the second quarter 2020 and a 1% increase from the third quarter in the prior year.

Fairview Bridge work continues

The Fairview Avenue bridge is beginning to look like a bridge. Crews from the Seattle Department of Transportation continue to work on the bridge - including weekends - as it moves toward its expected spring 2021 opening.

Crews have been working on:

- Installing a new water main within the north end of the project area
- Installing bridge support structures
- Removing portions of the temporary work trestle
- Forming the north section of the bridge deck

ECC donates part of its extensive archives to the Seattle Public Library

Eastlake Community Council has donated boxes of documents to the Seattle Public Library for the Seattle Room. Having those documents in the Seattle Room means they will be available to people doing research about these important historical issues and the role ECC played.

Ann Ferguson, Seattle Room Librarian, commented "I am delighted that the Eastlake Community Council has donated their archive to the Seattle Collection at the Seattle Public Library. The archive documents the ECC's important work related to SR 520 and to housing issues in Seattle. I have no doubt that it will be a valuable resource for researchers and community members."


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The Missing Link cont. from p. 1

onto the steep down-up-down Yale Terrace E. (a “named alley”) and then another left down Hamlin St. back to Fairview Ave. E.

Walking or bicycling south from the University Bridge on Fairview Ave. E., this stretch is even more frustrating. You intuitively expect to continue south past Hamlin St., but instead of finding a pathway, there’s a locked gate to a private marina and parking lot, another dead end. Time to backtrack, then turn away from the lake up the cliff-like grade of Hamlin St., then up-down-up Yale Terrace E. to reach Edgar St., with its street-end of signs and brambles.

Whether from the north or south, it’s a long, unsafe detour for bicyclists and pedestrians, especially the disabled. Between Hamlin and Edgar streets, Yale Terrace E. lacks sidewalks, has blind driveways, and its roller coaster grade puts driver visibility at zero in places. On an official City route, this pathway has some of Seattle’s worst pedestrian and bicycle barriers and dangers.

It’s not just a weak link; it’s a broken link, a missing link, and a hazardous one. And it doesn’t have to be so.

It was not always that way. For many decades there was a pathway along the lake at this site, but the City government abruptly broke it in 1957 by issuing a land use permit to build the current north-side apartment building at 100 E. Edgar St. and a street-use permit for the building’s private marina on parts of the City-owned Edgar and Fairview rights-of-way.

Public officials and the public interest community soon recognized the City’s mistake, triggering decades of discussions and efforts to reestablish the pathway connection. Ordinance 119673 (passed in 1999) requires that SDOT, in considering permits for private use, recognize “shoreline street-ends,” and “their purpose to provide the public with visual or physical access to the water and the shoreline.” But just as it did in 1957 in originally granting the 100 E. Edgar St. permit for a private marina on the E. Edgar St. and Fairview Ave. E. rights-of-way, SDOT in its 63 years of annual renewals of this permit does not seem to have considered public access. In 2009, SDOT even allowed remodeling of the marina.

In adopting the 1999 Eastlake Neighborhood Plan, the City Council directed that “particular attention should be given to the gap in the Lake Union Trail extending from the Edgar Street-end north to Hamlin Street along the Fairview Avenue East right-of-way.”

The 2009 master plan for the Cheshiahud Lake Union Loop recommends for the area (which the plan calls the “Mallard Cove Missing Link”) that SDOT and the Parks Departments “create a stakeholder group including the city, surrounding residents and Eastlake Community Council...to reach consensus on the preferred alternative...”

The Eastlake Community Council supports reestablishing a pathway connection here that addresses adjoining neighbors’ privacy concerns and preserves native shoreline habitat. Eastlake has many neighborhood parks and will be

getting more with the expansion of Terry Pettus Park and the coming East Howe Steps Plaza, both of which connect to (or will) the Cheshiahud Loop. What's needed are more green spaces for native plants and habitat. The E. Edgar Street-end is ripe for fitting this bill.

Currently the area, at least from street view, is full of invasive plants. This street-end could be reestablished with native shoreline plants and wetlands with a raised pedestrian walkway through it (bicyclists would have to dismount as they must do in many sensitive park areas). Many Seattle parks have raised walkways or boardwalks in aquatic areas (think parts of Ravenna, Golden Gardens, and Carkeek parks).

A pathway through the parking lot and private marina could be achieved with a City easement.

This street-end could be reestablished with native shoreline plants and wetlands with a raised pedestrian walkway through it.

An easement would substantially reduce the City's costs for a new pathway because it would reduce or eliminate aquatic construction, which is a lot more expensive than paving, and would require less complicated shoreline permitting on land than is required for

water construction while allowing the 100 E. Edgar property to keep its marina permit. With a pathway between them, locked gates could still protect the private marina and their remaining parking.

Rather than the Edgar street-end being one of the weakest links around the lake, re-establishing a pathway through a restored native vegetation shoreline here would make it one of the strongest.

The above are just preliminary ideas. A lot more work will be needed to make this happen. Public support and SDOT and Parks Department involvement are essential.

Funding will also be essential. Several times over the years, SDOT and the Parks Department have considered funding this shoreline reconnection. In 2019, it was among the most popular projects nominated for the Neighborhood Street Fund but was belatedly disqualified by SDOT because the need for a shoreline permit would have meant that construction could not be completed within a year. A project that greatly enhances public enjoyment of the shoreline is worth the wait, and fortunately such a short timeline is not a part of most other funding sources.

For graphics about fixing the pedestrian and bicycle broken link along the shoreline between the Edgar and Hamlin Street-Ends, see the online version of this article at eastlakenews.org. For additional background see <https://eastlakeseattle.org/?page=shorepathgap>.

If you would like to get updates about the missing link or if you have comments, please let the Eastlake Community Council know at info@eastlakeseattle.org.

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Virus slows work, but new ideas are still afloat for Colonnade

Work on proposals for improvements at the Colonnade Open Space under Interstate 5 has been slowed by the pandemic despite a strong long-range schematic plan by the distinguished landscape architecture firm J.A. Brennan Associates.

The schematic plan culminated in a 2015-16 City-funded planning and design study managed by the Eastlake Community Council in close liaison with the Seattle Parks and Recreation Department and WSDOT, and with extensive outreach to and involvement by the public and user groups.

Work was scheduled to be completed this year on improvements to the off-leash dog area, but because of the pandemic, finding the right personnel to operate heavy equipment has stalled the work.

Other proposals for the Colonnade include a skatespot (medium-sized skatepark); new bicycle and pedestrian connections (including a north-south commuter pathway and removal of barriers to the disabled); climbing/bouldering, parkour, and outdoor gym facilities; a community garden; public art; a restroom; and newly remodeled mountain bike areas.

The skatespot has strong backing from the skateboarding community. Skateboarding is enjoyed by many people, and now is an Olympic sport. In 2007 with the help of consultants and a volunteer task force, the Seattle Department of Parks and Recreation adopted a Citywide Skatepark Plan that called for a skate feature under I-5 to serve the Capitol Hill/University/South Lake Union/Eastlake areas.

Where such plans are today with reduced budgets is a good question.

The Colonnade skatespot would be near the sidewalk where Lakeview Avenue E. passes under the centerline of I-5, which as a free "roof" would protect skateboarders from the rain. The skatespot would be lighted when used at night and in the dark months.

Architect Sean Kelly and civil engineer Micah Shapiro donated the skatespot design (see The Eastlake News blog at eastlakeneews.org for more details) with two bowls, two ledges, a hip (two ramps at a 90-degree angle from each other rising to a shared deck), a manny pad (a long low platform allowing skateboarders to make small jumps where the level changes), and an area for flat-ground tricks. There would be safety handrails and places for anyone to stand or sit and watch the action. With further public involvement, features can be added or changed.

To make the Colonnade skatespot finally happen, many volunteers are needed. Please lend your name to the Colonnade Skate Coalition, which also welcomes and needs your ideas and other involvement. Contact volunteer Luca Motte, phone/text 206-384-3845, seattleskatefeatures.com as well as the ECC is at info@eastlakeseattle.org.

For background on the planning process and the designs (including for the skatespot), see the Colonnade page in the parks menu at eastlakeseattle.org.

Chris Leman, Luca Motte, and Steve Dunphy contributed to this report.



EASTLAKE READY!



Special Section: Earthquake Preparedness

DAY ONE: Imagining the day Eastlake knows is coming

Nature keeps its own calendar, and it doesn't show us the entry for "Major Earthquake," but we know one is coming and statistically overdue. "The Really Big One," that New Yorker article from 2015, still applies. Earthquakes are pending that will make previous events here look like dress rehearsals.

Experience tells us that individuals are just not always good at imagining and preparing for disaster. But communities can, and that's why a group of Eastlake neighbors are organizing to help the neighborhood through an earthquake or other urban emergency.

EASTLAKE READY! is the neighborhood's effort to have a coordinated response. You are invited to join and lend your

skills at any time. Contact Hub volunteers at eastlake.hub@gmail.com to get involved. Even small groups of cooperating neighbors coming together on their own will make a difference and add to our knowledge base.

EASTLAKE READY! wants you to have information about what to expect in the event of a disaster here and to see yourself coming through it.

Imagine Day One as an ordinary day. People are out walking their dogs, shopping at Pete's and doing other Eastlake things.

You may feel a heavy thump, violent shaking or rolling. Eastlake is vulnerable to different types of earthquakes. "The Big One," is shorthand for the expected 9.0 mega-

thrust earthquake that will happen deep off the coast of Washington in the Cascadia Subduction Zone. It can go on for 5 minutes or more. The Seattle Fault is another concern, running beneath us as part of a spider's web of faults that lie closer to the surface throughout the whole region. These quakes may be shorter but even more damaging to the neighborhood than "The Big One." The type of shaking we experience will be affected by the type of earthquake that hits and how close or far we are from its epicenter. The longer an earthquake goes, the more aftershocks you should also expect.

If you're inside, protect yourself by following the tried and true DROP COVER HOLD ON. Get under a piece of heavy furniture and grab the legs. Cover your head. Avoid windows. 40% of deaths and 90% of all injuries during earthquakes come from falls and flying objects. The next great concern will be fire and potential gas leaks. Understand what you're doing if you turn off your gas supply, because only the gas company can turn it back on, and that may be months later.

If you're outside, avoid building exteriors and power lines. Look for open or protected spaces. Half of Seattle's buildings were built before seismic standards were introduced or updated. Older brick buildings with unreinforced masonry (URM) are at high risk. Unlike other West Coast cities, Seattle has never adopted a mandatory retrofitting standard for URMs. Stay inside vehicles until the danger's been assessed.

Your own disaster response

(See <http://www.seattle.gov/emergency-management/prepare>)

Reality check: Washington State has among the highest risk factors for a major geologic event in the country, but our state and local governments are behind in preparation. For more reading, see The Seattle Times "Seismic Neglect" Series: "The earthquake nightmare public officials are failing to confront" <http://projects.seattletimes.com/2016/seismic-neglect/>

Your minimum preparation:

FEMA spokesman Scott Zaffram has said on KING5: "The truth is, when we look at something like the Cascadia Subduction Zone, it's going to be weeks, if not months before help arrives."

Minimum Water Supply: 1 gallon per person per day x 2 weeks = 14 gallons per person. (A small water heater should hold at least 23

gallons Learn how to access it.) Food, Medications, and Pet Supplies: 14 days or more

Reality check: Water from Lake Union should not be used for consumption even if filtered. Chemical and petroleum products in the lake bed could be disturbed by a quake. Also, storage tanks at industrial sites along the lake might rupture, spilling their contents into the lake. Any "springs" that appear could also be harmful as they might contain sewage from broken pipes. There will likely be damage on and around the lake as well. *The Seattle Times* further reported that the City expects us to lose all water pressure within 24 hours after a catastrophic earthquake, and it could be months before we see it restored.

Where to get help:

Assume all lines of communication will go down. Many neighborhoods in Seattle have a community hub designated for information. Eastlake's is Rogers Playfield. EASTLAKE READY! will set up the communications hub and act as the central conduit for communication with the City for the neighborhood. This will be the place to ask for and receive community help. While the Hub doesn't stock water, food or other supplies, information about resources will be gathered and posted there.



DROP COVER HOLD ON



“Essentially you are the help before the help arrives.” –
FEMA Spokesman Scott Zaffram

Fire and Police will be coordinating and focused on rescue and casualties. A clearly-printed, large sign in a window that reads OK on one side and HELP on the other will assist contact. Make one now and put it with your supplies.

Seattle’s (Emergency Operations Center) EOC and a unit called ESF-14 will manage the transition to recovery. (Emergency Support Function) ESF-14 is the umbrella designation for all long-term assistance that will come from local, state and federal governments.

Information on emergency sanitation and many other topics as well as the status of the City’s response plan will be posted at Rogers Playfield. We should assume sewer pipes will be broken, so toilets should not be flushed. Emergency sanitation information is available on the Seattle Public Utilities website.

EASTLAKE READY! is part of a network with dedicated ham radio volunteers and would welcome ham radio operators to help staff the Hub. These networks are connected to Seattle’s EOC and each other.

Where to give help:

Report to Rogers Playfield. An information tent will be set up for assignments.

Immediate call for skills: Medical, dental and mental health professionals, search and rescue, ham radio operators, members of ACS (Seattle Auxiliary Communications Service), construction, engineering, logistics, information management, emergency training and those interested in working with the public at the Hub.

In the longer-term aftermath of a disaster, there will be additional needs for many kinds of organization and support.

Additional call for skills: Health, spiritual and wellness care, childcare, eldercare, pet care, journalists, artists, project management, or if you have another skill that you think would be valuable to add in the event of a neighborhood emergency need.

Special call for watercraft: Lake Union will become a primary transportation corridor for the surrounding area and our means of moving in and out if transit corridors are down.

Contact EASTLAKE READY! eastlake.hub@gmail.com to add your name and skills to the community response.

Reality check: Day One will be about emergency response and aid. Most of us will come through, some will be in great need, and we’ll have to turn to each other. The days beyond will be critical to our well-being as a community. Getting involved is an important step in feeling prepared for whatever comes. Small groups of neighbors are encouraged to set up their own emergency prep groups according to their needs. The City can help with training through its SNAP program (Seattle Neighborhoods Actively Preparing).

Eastlake Disaster Risks and Impacts:

Liquefaction risk zones: (1) From Eastlake Ave and Portage Bay Place East, running south along Fairview and Eastlake to Edgar and Yale Terrace E; (2) From the Terry Pettus Park boat launch up to Eastlake Ave, running south along Eastlake and Fairview through Lake Union Park and into Westlake.

Lake Union is shaped like a bathtub, and the water may slosh back and forth, east-west, creating high water walls that could move. This is a **seiche**, and it’s a bigger risk here than a tsunami. In 2002, twenty Seattle houseboats received minor damage from a seiche initiated by a magnitude 7.9 earthquake in Alaska.

The City has identified a **landslide risk** along Lakeview Ave. E. that may impact I-5.

Avoid downed power lines on the street. Assume they are live.

Move away from unreinforced brick masonry buildings and houses sitting unsecured on foundations. (note: our historic brick school building, Seward (TOPS) K-8 underwent a complete seismic retrofit in 1999).



While Eastlake benefits from the re-build of the Fairview North Bridge, a recent Seattle Times article (11/15/2020) notes that a City audit report found, “the 90-year-old University Bridge, structurally deficient or in poor condition.”

Advance warning:

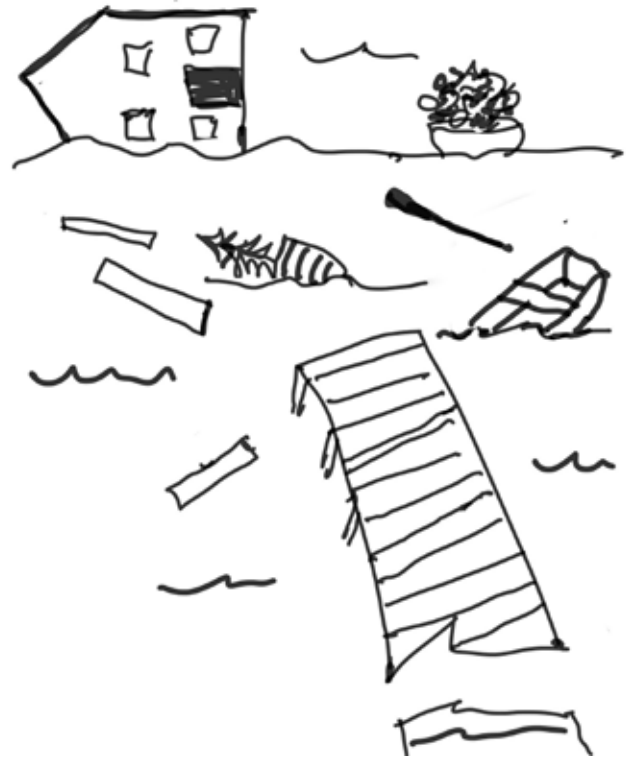
There is no broadcast or general alert system available yet in the Pacific Northwest to warn us in advance. However, Seattle has set up the AlertSeattle program to share information about emergency situations. For information and to sign up for emergency alerts, go to <https://alert.seattle.gov>



There may be indications of increased risk based on readings of the fault lines that run as a network across Puget Sound from north to south and east to west. Pay attention to any reports of unusual readings from the USGS (U.S. Geological Survey).

A wireless emergency system is being tested by cities and agencies along the West Coast, including Seattle. The goal is to provide a few, critical seconds of warning. A publicly available app is pending. More info: <https://www.shakealert.org/>

As for animals, it’s popularly understood — but not scientifically established — that many creatures will engage in erratic behavior, as if they’re escaping from a predator, well in advance of a large earthquake. The assumption is they may be sensitive to sound waves lost to human ears.



Your Neighborhood Resource:

Eastlake Ready! can be your resource before and after a disaster. Watch for announcements of our drills and join us to see what we offer and how you can become involved. Contact us at eastlake.hub@gmail.com

BJ Bergevin
 Anne Bonn
 Deirdre Cochran
 Karen Follman
 Klaudia Keller
 Jess Levine
 KC McNeil
 Lucy Mohl
 Alan Shaw
 Margaret Sanders, Hub Captain



Critter Ditch Kit (Go-Kit)

By KC McNeil

A major earthquake or other natural disaster will shock everyone. Don't be surprised if you find yourself or your loved ones in a bewildered state unable to do the easiest of tasks. Good luck finding all those things you need when you may only have a few minutes to get everyone out of your house and out of harm's way if your house is collapsing or on fire.

Last spring, I wrote a short article about Ditch-Kits for the Eastlake News – things to have ready to go in a backpack in case of a major earthquake. This article will focus on your "Critter Go-Kits" for emergency disaster planning.

If you still haven't built your Ditch-Kit or Go-Kit, these Covid-days may be just the incentive needed to complete your kit now. Those of you who have already built, trained, revised, and re-stocked your Go-Kits can take this opportunity to now focus more efforts on your pets' Go-Kit needs. (Remember, in a perfect world you need two kits, one for your home and one for your car.)

You and your pets' immediate needs can more easily be addressed when you are at home. Commit to keeping extra food and medicine on hand and simply rotate first-in-first out.

Providing food for your pet is pretty simple and easy to store. Collapsible rubber bowls are compact, flexible, and easy to clean. You can also share your stored water with your pets.

Ask your vet for a three-month supply of medication then keep 21 days worth in both your Go-Kits. Keep your pets' medications in multiple locations; home, Go-Kit, and car. Keep a photo of their "must have" prescriptions and important documents in your phone.

Most pet owners are familiar with hard or soft sided crates. Pets often associate a crate with their safety, comfort, or a veterinary visit. A crate may also be a requirement or at least a convenience if you must seek shelter in a public facility.

Trash compactor plastic bags have long been used to make any backpack waterproof. They are thicker, last longer, and the perfect size to line your kit bag and keep everything inside dry. Multiple plastic bags help separate your items allowing you to locate and re-pack your kit in any weather.

It's never too late to start building your Emergency Preparedness Kits and you should never stop reviewing and renewing your kits. They're a work in process and you do not want to forget your pets! I have no idea what to do for your ferret or bird.



CARL ANDERSON, DVM
MARK D'ORAZIO, DVM
ALEX SHEARER, DVM
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Sketch and essay by A.V. Eichenbaum

When I was a pretentious teen, I was told by an equally pretentious friend that there was a “proper way” to drink tea.

“The British,” she said haughtily, adjusting her horn-rimmed glasses, “take the tea bag *out*.”

And so, when I got home that day after school, I made myself some tea, plopped my scrawny self at the kitchen table, and took the tea bag *out*.

I must’ve looked ridiculous, attempting to adjust my posture and hold my pinky up; wearing my jeans and t-shirt two or three sizes too large because – if my parents were to be believed – I would grow into them. I wore a trilby and gold-painted welding goggles combo, matting down my long, curly locks that intentionally covered my eyes because I was self-conscious about my girlish long lashes.

Reading that paragraph back, I definitely looked ridiculous.

But, I was the type of teen that liked to listen to bands you’d probably never *heard of*, and if there was a way to drink tea properly, I was going to do it.

I burned my hand taking the tea bag out.

Later that year we learned about the British colonization of India, the Opium Wars, and the East India Trading Company. Turns out the British way of doing things was not exactly the *proper* way, to put it lightly. If they’d stolen tea as part of their ruthless empire building, who were they to denote how we were to drink it?

Looking closer, the places they’d gotten tea from in the first place had just as many ways to drink it as places it was being enjoyed. There was no proper way. It’s all made up, and the culture that’s evolved with it is also just being made up as we go along.

In fact, the word for “tea” is so old it transcends most spoken language, meaning it’s been around longer than any nation we recognize today. There’s a reason it sounds the same everywhere.

Somehow I doubt it was being enjoyed the same way during its discovery as it was during the Ming Dynasty, and there’s definitely very little resemblance now. You try explaining to an early hominid why Celestial Seasonings doesn’t individually wrap their tea bags.

Early this morning, I decided to ignore my good sense and warm bed and go for a walk along the lake. I made myself a cup of green tea for the trek – Bigelow brand because I’m cheap, tea bag in because who cares – walked down to Terry Pettus – scheduled for renovation – and thought about how everyone who’s been here long enough keeps telling me, “Well, it’s not how it used to be. Not how it should be. It was better in the old days. Seattle’s changed too much.”

I thought about all the people moving out of the neighborhood because the Seattle they’re familiar with isn’t right in front of them anymore, and how a lot of those same people are against the increase of public transit into the neighborhood, or new buildings, or God knows what else.

I thought about how they’ve changed, as well. Eastlake used to be a colony of artists and miscreants, they’ve told me. Dive bars and wild sculptures and cellos at sunset.

It’s still that, to some extent. I’ve met artists in the local cafes, or walking to work. I’m at least a miscreant, if only barely an artist. The new folks around here have hopes and dreams, too, believe it or not.

But the times have changed, because that’s what times do, and everyone has a different definition of what a *proper* Eastlake culture should be. I point to Facebook’s Eastlake Social Club as a prime example – our neighborhood’s favorite way to beat itself up.

Looking there, it seems like no one can agree on anything except that it used to be better here and there was a specific time when things were good, even if no one can say exactly when that was.

And so, sipping my tea, I stared out at the lake and thought, “There’s no proper way to make this work. We’re all just making it up as we go along.”

There’s a sort of beauty in the mutability of things. The fact that Eastlake’s changing, for better or worse, should be something we appreciate instead of rally against. Some people like hemp milk in their tea. Some take it plain.

Some maniacs prefer loose leaf tea. Those wild ones rally against the validity of the tea bag. The very thought roils them beyond imagination!

And to them I say, “Who cares? It’s the same drink.”

And then I thought of my friend, so many years ago, and thought to myself, “Who lets a 14-year-old walk around in horn-rimmed glasses, anyway?”

Become a Beaver Believer!

by Judy Smith

Beavers have been spotted along the shoreline of Eastlake from the bouldrome at Louisa Street-end Park to South Passage Park. Actually, the native species has been around Lake Union and North America for millions of years.

Hunted for their hides and considered largely a pest over the last few centuries, beavers are being rediscovered as a keystone species, like wolves, with the ability to alter their and our environment for the better. Because their dams on streams create wetlands that recharge ground water and provide habitat for numerous other species, including salmon, beavers are starting to be viewed as environmental saviors.

A new book by Ben Goldfarb, *Eager: The surprising, secret life of beavers and why they matter*, is helping to get out the word. Goldfarb's overarching history spans centuries and continents, wherever and whenever beavers have roamed. We learn that before European settlers arrived, North America was largely a mass of wetlands and marshes, created by beavers. Trappers, among the first explorers, wiped out a lot of the beaver population before settlers arrived.

With chapters like "Appetite for Construction," "Realm of the Dammed," and "California Streaming," *Eager's* a fun read making a convincing argument for beavers' beneficence.

Goldfarb writes that more and more people are becoming "Beaver Believers." He is, and he argues that these industrious creatures just might help save the planet if we let them.

While it was clear from *Eager* that beavers are good for streams, what about lakes?

The City, as far as their beaver specialist Steve Damm (with a fitting last name) knows, hasn't received any complaints about beavers on Lake Union although the City does get complaints about otters. (And unlike otters, beavers are vegetarians and don't eat fish.)

Damm's focus is mostly on urban streams, "I do believe beavers provide benefits in our urban streams," he wrote to me in an email exchange. "They provide partial flood control and assist in water quality."

He recommended I contact Elyssa Kerr, Executive Director of Beavers Northwest, for information on lake beavers.

"In general, beavers are beneficial as ecosystem engineers," she wrote back. "Their dam building on streams is really what makes them stand out. By building dams in streams, they slow water, add complexity and habitat to the ecosystem, store water, and clean up water all by creating wetlands.

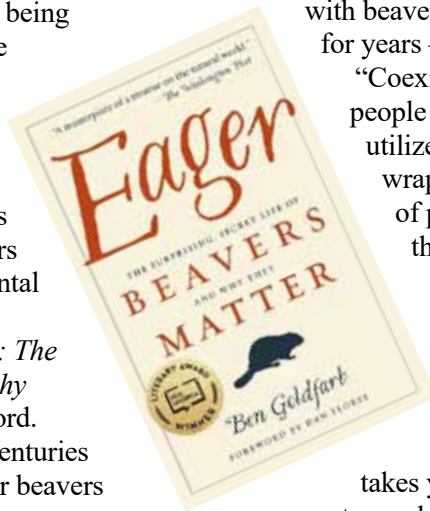
"As this is their primary benefit, lake-dwelling beavers don't have quite the same effect on the habitat that they occupy. They are not creating new wetlands. The primary benefit of beavers in a lake is that they reproduce and send more beavers out into the world to occupy streams and create the beneficial wetland complexes."

She goes on to recommend if people have any problems with beavers to do what Eastlakers have already been doing for years – wire wrap our trees.

"Coexisting with beavers is the best thing that we as people living in their environments can do! We can utilize in-place management strategies such as tree wrapping or exclusion fencing to keep beavers out of problematic areas, but otherwise let them live their lives."

And as Damm notes, "You also have to remember, an urban setting is a tough place to make a living if you are a beaver!"

For more information about these fascinating creatures check out the PBS documentary "Leave it to Beavers," which takes you inside a beaver lodge, where a lot of other creatures also board, and provides a more quotidian view of beaver life. And definitely dive into *Eager*. You too might become a Beaver Believer!



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Osprey nest platform may be included in remodeled Terry Pettus Park

by Chris Leman

Osprey are a majestic bird of prey whose diet consists almost exclusively of fish. They like to nest in high places near bodies of water such as Lake Union.

In 2012 and 2013, in between their annual migration to and from Central America, an osprey family attempted to nest on successive light poles on docks of the U.S. Seafoods marine industrial property (1801 Fairview Avenue E.) which is adjacent to Terry Pettus Park. In both cases the nests were removed because the light poles were old and were being replaced.

The Seattle Department of Parks and Recreation recently acquired land to be added to Terry Pettus Park, and is now amidst a public planning and design process for remodeling of the expanded park. This process presents a unique opportunity to include an osprey nest platform in the remodeled park design.

Osprey are still seen regularly in the cottonwood trees just north of Terry Pettus Park but have not found a suitable new nesting place. There is reason to hope that if a nesting platform designed for osprey is installed in the park, the osprey may choose to nest there. There are numerous examples around the world of osprey families nesting successfully in urban areas like ours.

A family of osprey nesting in Terry Pettus Park could become an integral and signature enhancement for Terry

Pettus Park, for the adjacent Cheshiahud Lake Union Loop pedestrian and bicycle route, and for the Eastlake neighborhood. The presence of nesting osprey would be an extraordinary ecological and educational opportunity. Nowhere else on the east Lake Union shoreline would there be a better home for this small but vivid foothold for wildness in the city.

Osprey are sometimes called seahawks. The Seattle Seahawks football team has donated \$500 to the Eastlake Community Council to support ECC's effort to establish an osprey nest platform on the Lake Union shoreline. These funds could be spent at Terry Pettus Park if a nest platform is included in the remodeled park design.

Background on the planning and design process for Terry Pettus Park can be found on the City web site at <https://www.seattle.gov/parks/about-us/current-projects/terry-pettus-park-renovation>.

Public comment regarding the proposed osprey nest platform and any other aspect of Terry Pettus Park planning can be addressed to the Department of Parks and Recreation, c/o Toby Ressler at 300 Elliott Avenue W., Seattle, WA 98119; Toby.Ressler@seattle.gov; or 206-615-1482. Please copy the Eastlake Community Council at info@eastlakeseattle.org; or to ECC, 117 E. Louisa Street #1, Seattle, WA 98102.

Before and After Sketches by Karen Berry



Replacing the two one-story duplexes (above) are eleven three-story town houses (below) recently completed in the 2300 block of Minor Avenue. Note the same telephone pole in both sketches for perspective.



Eastlake loses a longtime friend, George Kingen



by Chris Leman

Those who own or work in Eastlake's businesses are as much a part of our community as those who live here. Few had as great an impact or as many admirers as George Kingen. He passed away in October just eight months after retiring from 50 years in the grocery business, 45 of them as owner-operator of Pete's Super (Pete's Wines).

Born in Spokane, Kingen graduated from Lincoln High School in Wallingford. He bought his first store in 1969--Madison Park's Lakeshore Minimart, where in 1974, he heard from the dairy supplier that Pete's was for sale in Eastlake. It became the flagship of a small empire of grocery and wine shops--23 stores altogether, and 15 at one time.

In a 1995 Seattle Times wine column, the late Tom Stockley (also an Eastlaker) celebrated Kingen as a pioneer in offering

deep discounts for wine, quoting him as follows: "Small (independent) stores helped revolutionize a lot of the discounts and promotions of wine and other items, ' he says, "like in-store delis, flowers, opening 24 hours a day and even stacks of wine."

On Patch.com in 2012, Chris Nishiwaki spotlighted his personal approach to retailing with the following quotation: "I've had buyers come in for 30 or 40 years," said Kingen, referring to loyal wine collectors. "They come back to us because we smile and talk to them. A lot of it is also wide selection and pricing. Plus being honest and not gouging people."

In lamenting Kingen's passing, Pete's current owner John Bennett praised him as "an amazing person, friend and store owner. I will always be grateful for George and his help with selling me the business, giving me advice and insights and always being a great person to me and my dad. He will be greatly missed and is loved by all. God speed George. The Pete's family will miss you."

Kingen chose well, given John Bennett's long experience in the grocery business, and commitment for Pete's to serve and further enhance the neighborhood.

In a February article marking George Kingen's retirement, Pete's employee Joel Dhanapal wrote that he "took up cycling fairly late but finished the Seattle to Portland ride of over 200 miles in style. Even though he was badly injured when a truck hit him just before his 60th birthday and broke every bone in his back, he recovered in a couple of years to finish the ride in less than 10 hours."

Reflecting his wide interests, Kingen also liked fast cars. Often parked outside Pete's was the bright red Lotus sports car he drove for his Woodinville commute as well as to the different stores in his grocery kingdom.

In various officer positions with the Eastlake Community Council and as onetime editor of the *Eastlake News*, I frequently visited George in his tiny backroom office on such matters as hosting a barrel for the latest annual Food Bank drive, donating an auction item, or the latest news. The chaos of ringing phones, paperwork, and interactions with suppliers and employees never prevented him from focusing on each individual with patience, responsiveness, and good cheer.

The Eastlake community offers George Kingen's family our heartfelt condolences. We join them in mourning the loss of one of our neighborhood's best.

Photo of George Kingen by Diana Wurn 2012



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The Eastlake Community Council offers heartfelt wishes of comfort and safety for you and loved ones during the renewed coronavirus outbreak and the business downturn. Please stay healthy and solvent. And please help others survive and thrive.

ECC's web site eastlakeseattle.org has (in the emergencies section) a Coronavirus page, with links to health science and best practices, government rules and programs, and opportunities to offer or seek donations (cash, in-kind, and volunteer). Examples are the UW Medicine Emergency Response Fund, University District Food Bank, and Eastlake Restaurant Relief (the latter being the only public fund we know of specifically assisting workers financially hit by layoffs and closures at Eastlake businesses).

The Eastlake neighborhood is unique in that residents and employees are roughly equal in number. Businesses contribute greatly to Eastlake's diversity and vitality. They are indispensable resources in a crisis such as the COVID-19 pandemic, which has also hit them hard.

Please patronize our Eastlake businesses. Crisis or not, we need them and they need us. ECC's web site provides (in the local links & lists section) addresses and links for

Eastlake businesses that offer services directly to the public. ECC welcomes suggestions for ways to expand and improve this list, and other ways to help support local businesses now.

And finally, a salute to these four new Eastlake businesses for not allowing the poor economic conditions to dampen their entrepreneurial spirit:



Seattle's newest home decor store is **BG Home Collection** (2345 Eastlake Ave E, #110, 206-717-2109, bghomecollection.com). Owner Michelle Dahl draws upon extensive

experience with furnishings in her other business, Belle Grey Design (bellegreydesign.com) "working closely with builders, architects and business and home owners to ensure commercial and residential spaces that are both functional and exceptional."

The Collective Salon (1823 Eastlake Ave E, thecollectiveseattle.salon, 206-623-0148) was founded downtown in 2017, but recently relocated to "Seattle's hip Eastlake neighborhood." It offers "a place to escape the hustle and bustle of the city and leave feeling ready to conquer it all." The Collective's "team of talented stylists who believe in their mantra of 'Knowledge is Beautiful' create both quality interpretations of classic styles and daring new and stylish trends."

Sapien Aesthetics (1823 Eastlake Ave E., sapienskin.com, text (206) 698-2431) Sapien was founded in 2017 and recently moved to Eastlake. Owner Stephanie Powers is a self-described "lifelong nerd who continually seeks the best science, mentors, skills and tools in order to serve the clients she adores." The staff includes a supervising physician and two estheticians, one with a fine arts degree. Services include facials, massage, tinting and lashes, waxing, and microblading.

Seattle Skate Features (seattleskatefeatures.com) is a teen-led local business that seeks to make skateboarding more fun and accessible by building and selling quality ramps at affordable prices. For portable or installed use, the company offers quarter pipes, boxes, kickers, mini ramps and custom designs. For photos and videos of the products in use and for information about the selection and how to order, see seattleskatefeatures.com and [@seattle_skatefeatures](https://www.instagram.com/seattle_skatefeatures) on Instagram. Co-founders are Eastlake resident Luca Motte and Ballard resident Massimo Corsini.

Mention here does not imply endorsement by the ECC, writers, or editor. To submit news items: info@eastlakeseattle.org or c/o ECC, 117 E. Louisa St. #1, Seattle 98102.

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This is not goodbye just a chance to say “Thank you!”

After over 10 years, this will be the last hard copy of The Eastlake News that I produce. The Eastlake Community Council Board is looking for someone else to pick up the reins, so if you're interested contact us at info@eastlakeseattle.org. I will be focusing on building The Eastlake News blog going forward.

Both community newsletters and blogs are delicate things and difficult to keep going, but Eastlake is fortunate to have a large cadre of community-oriented volunteers who have done just that.

The newsletter has grown over time, and I think a lot of the content can be more efficiently and timely distributed through blog posts. This will take some of the weight off the newsletter, which is due for a refresh anyway. Someone with better skills at InDesign, the software used to produce the newsletter, is needed. (When you can't figure out how to make tabs work, it's time to throw in the towel.) My limited InDesign skills have made it difficult to keep up with software updates and to make improvements that I would have liked, like a table of contents. But someone else out there, I'm sure, can.

I have so appreciated working with everyone over the past decade. It's been a lot of fun, hammering out stories, getting advertising and graphics together, and overall problem solving.

Big thanks to Steve Dunphy, Mary Elayne Dunphy, A.V. Eichenbaum, Margaret Sanders, K.C. McNeil, Tom Kipp, Jules James, Elizabeth Berg, Frank Wetzel, Annie Gustafson, Matt Maberry, Mary Hansen, Olga Robinson, Diana Wurn, Ryan Murphy, and many others (whose names I have missed) for stories, graphics, and/or editorial advice. Special thanks to Chris Leman who has kept the newsletter going from changes in editors over the last couple of decades. He's written and coordinated the lion's share of the content for me and organized the all-important distribution, turning his front porch into distribution central and working with dozens of volunteers to get the newsletter out. In truth, the newsletter never would have lasted this long without his tireless devotion.

I never would have lasted without Karen Berry's wonderful original sketches to tap. Anyone who has had to wade through generic clip art for graphics knows; it's a godsend to have a sketch artist to turn to. “Could you draw...” I'd email her and give her some idea of what I was looking for and she'd always come through with something that turned out to be just the ticket.

Thanks to our advertisers who have made the newsletter possible over the years, and to the advertising coordinators, especially Detra Segar, and her insightful leadership. The ECC hopes to be able to provide sponsorship space on the blog as well in the future.

Thank you to Kevin Upton of G&H printing who has generously printed and turned around the newsletter on short notice. They've been printing the newsletter for most of the 50 years it's been around!

Finally, a big thanks to all our readers, who have come forward to volunteer for projects, join the Eastlake Community Council, and expressed appreciation for the newsletter.

All the various aspects of getting out the newsletter are like gears in a watch that depend on one another to turn. They get stuck at times, need adjusting in spots, but remarkably (especially for an all-volunteer effort) they do all eventually turn together producing a snapshot in time, the newsletter you're holding.

– Judy Smith

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Eastlake Future's Fund

The Eastlake Community Council Board has pledged \$3,000 toward a challenge grant to match donations for general support of our work in the coming year. That means if you become a member today, any amount you donate above the membership level (\$35 for individual: \$10 for student, low income or senior; \$75 business) will be matched until our challenge grant of \$3,000 is exhausted.

Already a member? You can still donate, and your donation too will be matched!

We are excited about our plans for the coming year — despite the challenges of the pandemic. Watch for information about how you can join us in making Eastlake an even better place to live, work and play.

<p>Members</p>  <p>\$35 individual \$10 student, low income, senior \$75 business</p>	<p>Anchors</p>  <p>Donations above membership level from \$1-99</p>	<p>Cornerstones</p>  <p>Donations above membership level from \$100-499</p>	<p>Walking Fish</p>  <p>Donations above membership level from \$500-999</p>	<p>Dreamboats</p>  <p>Donations above membership level from \$1,000+</p>
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Become a member and/or donate today by filling out the form below or go online at: eastlakeseattle.org.

Membership includes being able to vote for the Eastlake Community Council board members (as well as run for office if nominated) and an invitation to member events.

* Please indicate how you would like to be listed or if you would prefer to remain anonymous.

The Eastlake Community Council is volunteer run, so dues and donations go a long way, and your involvement is welcome and needed.

Please send this form with a check made out to ECC to: ECC, 117 E. Louisa St. #1, Seattle, WA 98102-3278

Or you may join and pay by credit or debit card or just volunteer at <http://eastlakeseattle.org>

For questions: info@eastlakeseattle.org

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- Parks and open spaces
- Traffic and parking issues
- Bus/transit service
- Review building proposals or legislation
- Crime prevention or emergency preparedness
- Newsletter content/production
- Door-to-door newsletter distribution

Eastlake Community Council membership is open to all who live, work, or own property in Eastlake.